creativerse ™

DAN MILLMAN (USA)

PEACEFUL HEART, WARRIOR SPIRIT

A Mindful, Reality-Based Approach to Living

With a special performance by soprano TANIA DE JONG AM

Sunday 22 March 2 - 5pm

Sofitel Melbourne On Collins, Auditorium

Tickets: $150 + booking fee

Bookings: www.danmillman.eventbrite.com.au

Enquiries: (03) 8679 6000 or elle@creativeuniverse.com.au

You will learn:

• the secret of self-discipline — how to turn what you know into what you do

• the most realistic way to overcome fear and self-doubt

• what mindfulness really means

• how to live in the present for a simpler, more peaceful life

• how to awaken the warrior spirit within whenever needed

• inner tools to open the hearts of self and others

Bring questions, open mind, and a sense of humour! You will return home with your head in the clouds, and feet on the ground.

Dan Millman's best-selling classic *Way of the Peaceful Warrior* has sold millions of copies worldwide, and was released as a film by Universal Pictures in 2006. He is former world champion gymnast, coach, and college professor, has written 16 books published in 29 languages. His classic, *Way of the Peaceful Warrior*, was released as a film by Universal Pictures in 2007. Dan's teachings have influenced people from all walks of life. His website: www.peacefulwarrior.com

In the film *Peaceful Warrior* a young college athlete named Dan Millman met a mysterious old service station attendant he named "Socrates." After journeys around the world and study with other mentors, Dan developed a new approach to living. This action-packed half-day workshop highlights key facets of a reality-based and refreshing approach to living — with a peaceful heart and a warrior spirit.

The workshop will include a magical, mindful performance by soprano and spiritual journeywoman **Tania de Jong AM** from her new album, *Heaven on Earth*. www.taniadejong.com.au

Dan Millman appears courtesy of Creative Universe and Creative Innovation 2015 Asia Pacific.
www.creativeuniverse.com.au   www.ci2015.com.au

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